



**HORIZON HEALTH
MEDICAL TOURISM**

"YOUR PARTNER IN HEALTH AND WELLNESS"

Discover a world of comprehensive
healthcare and wellness solutions

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 horizonhealth09@gmail.com

 www.thehorizonhealth.com





Mona Parekh

**Health Care Facilitator
for Various Wellness
Services**

***Founder & Director of Horizon Health Medical
Tourism***





Introduction



Your Partner in Health and Wellness



We are committed to providing you with the best medical and healthcare services to help you live healthier and happier. Experience seamless access to world-class healthcare combined with personalized wellness programs.

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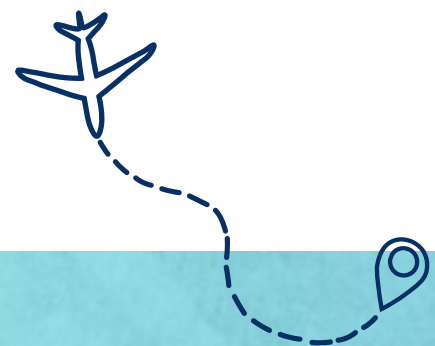




About Us



Horizon Health is a team of experienced medical professionals dedicated to providing **top-quality healthcare services** with a holistic approach, treating the whole person, not just the illness. **Led by Founder & Director Mona Parekh**, we prioritize your well-being.



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Our Values

The Foundation Of Our Care



- **Compassion:** We provide a welcoming and supportive environment, understanding the emotional aspects of seeking medical care.
- **Excellence:** We continuously improve our skills and resources to deliver the highest quality care and exceed your expectations.
- **Integrity:** We practice medicine with transparency and honesty, always putting your interests first.





Medical Tourism Services

Discover a World of Healthcare Solutions



Access leading multispecialty hospitals and a diverse range of therapeutic services tailored to your individual needs. From diagnosis to treatment and recovery, we'll be with you every step of the way.



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Our Hospital Network



Partnering with Leading Hospitals for Exceptional Care



- We collaborate with a network of renowned hospitals known for their advanced facilities, cutting-edge technology, and expert medical teams.



Allopathy Treatment



Allopathy helps in curing the patient in a way that he/she gets instant relief. This is done through the use of drugs, surgery and other treatments to diagnose and treat diseases.



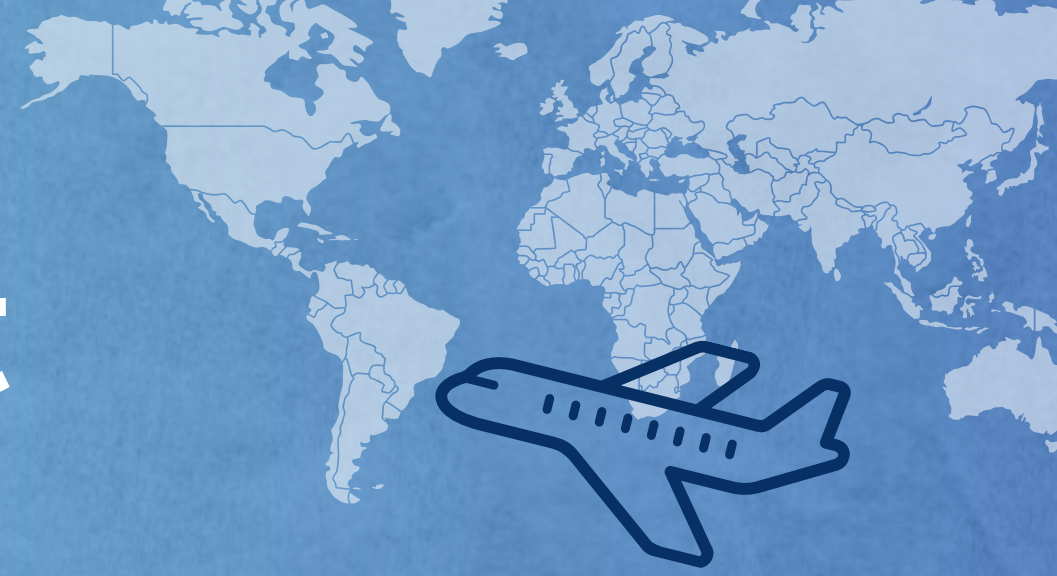
Homeopathy Treatment



Homeopathic medicines boost immunity to fight the cause rather than attacking the germ that has caused the disease. Homeopathic medicine can boost the emotional, physical, and psychological well-being of an individual.



Ayurveda Treatment



**Banana Leaf Head Cover
Treatment**



**Shirodhara-Head Massage
with Medicated Oil**

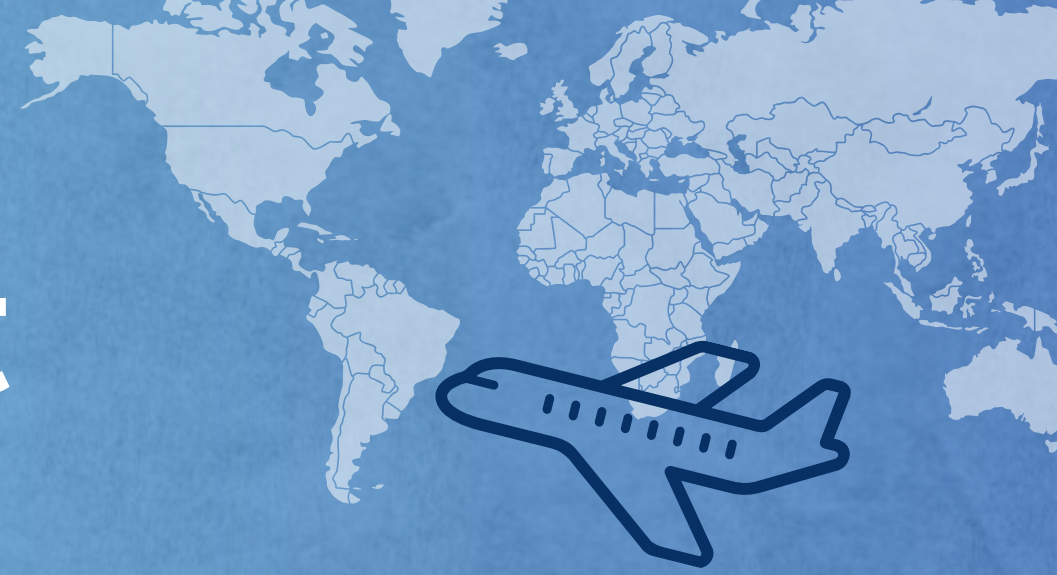


**Greva Vast- Treatment
for Neck Pin**





Ayurveda Treatment



**Elakizhi-Cloth Bag
containing Herbal Leaves**



**Ayurvedic Medicinal
Treatment**

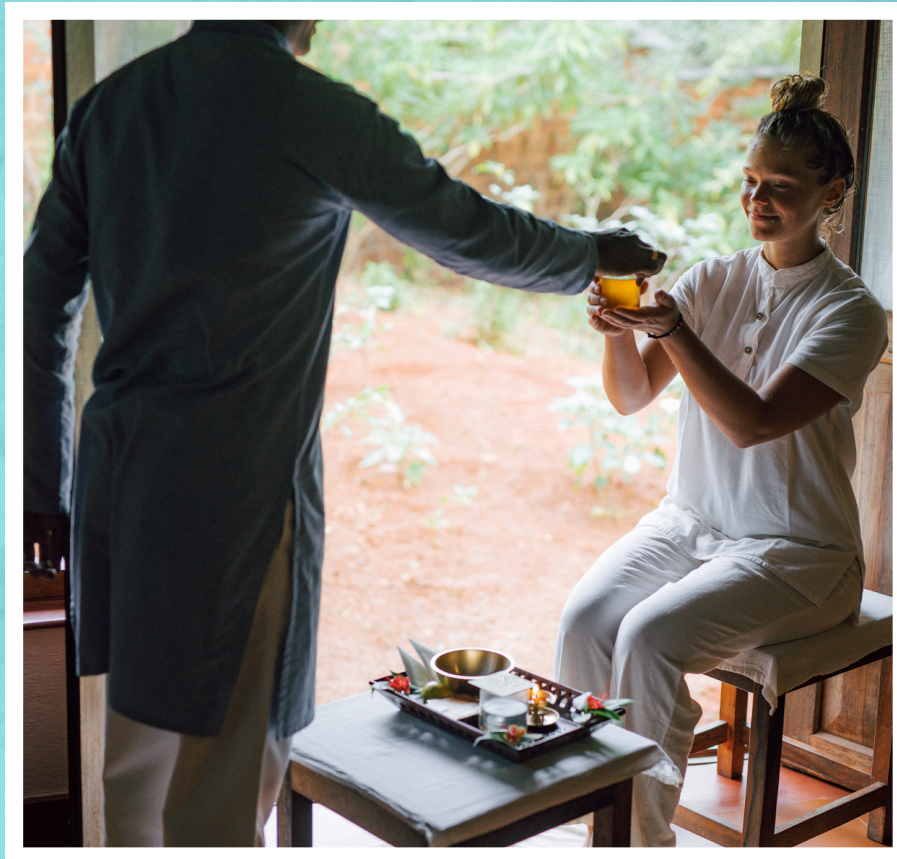
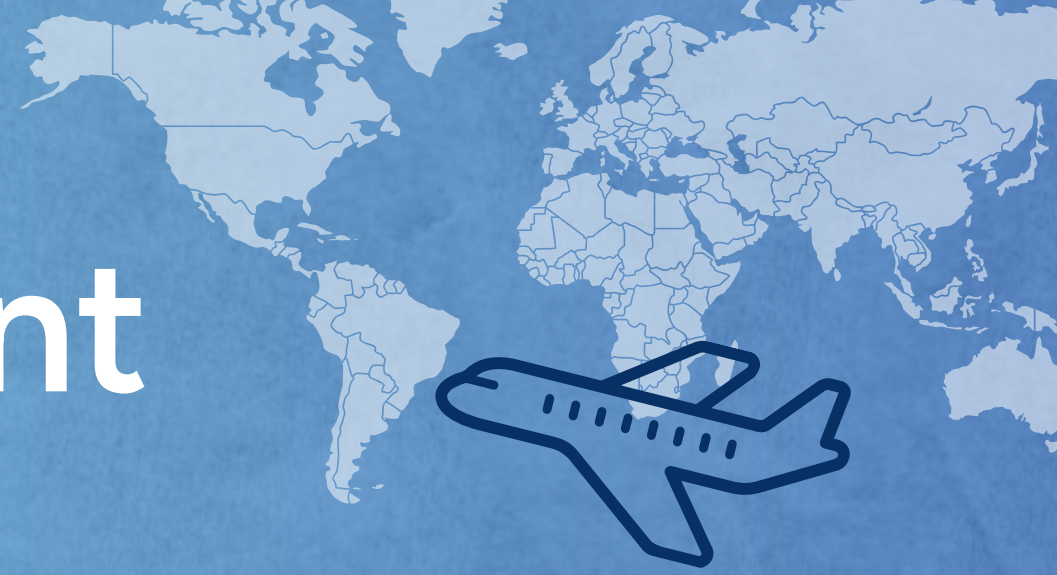


**Full Body Herbal
Oil Massage**





Naturopathy Treatment



**Treatment by Traditional
Medicine**



**Connect With Their
Inner-Self**

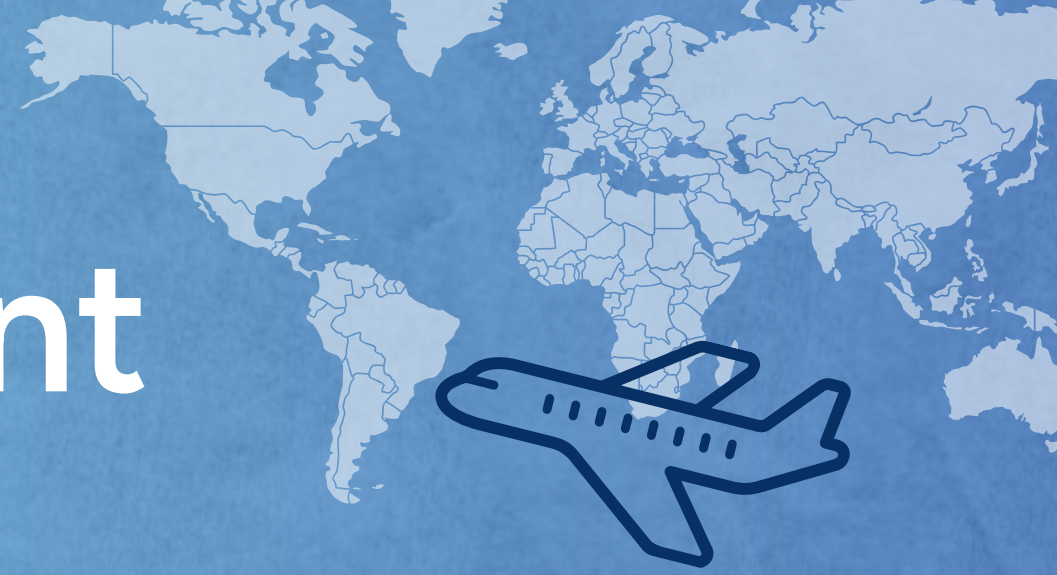


Mud Therapy





Naturopathy Treatment



Water Theraphy



Diet Theraphy

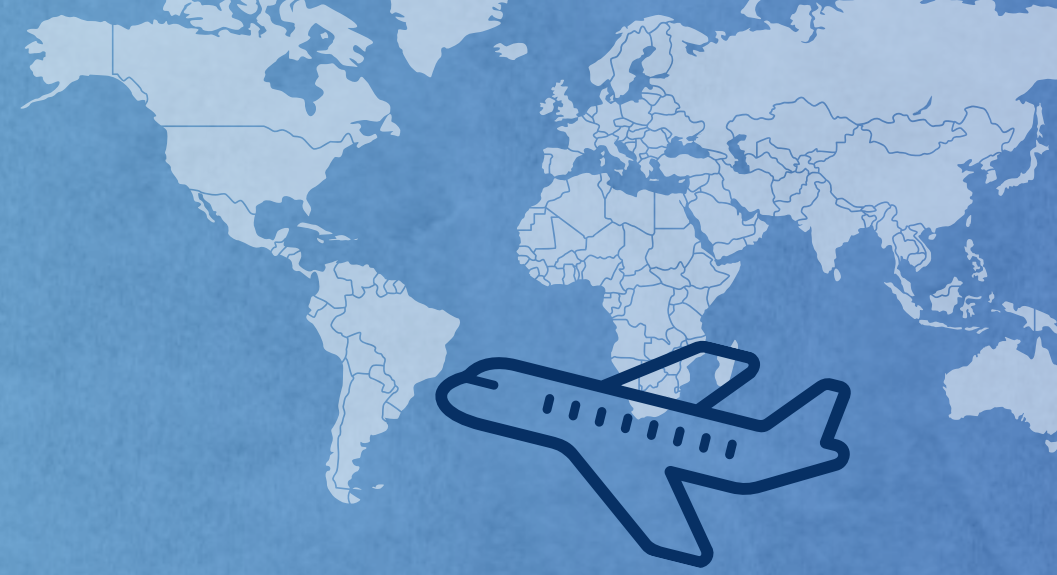


**Acupressure
Theraphy**





Yoga Practices



**Balancing the Body
Posture**



**Body Flexibility
Practices**

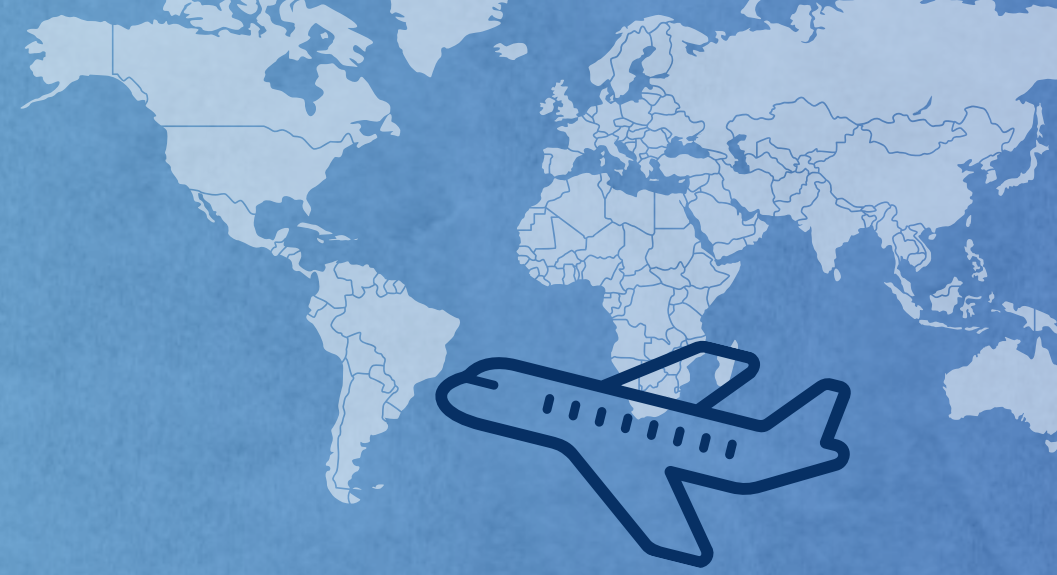


Yoga Asanas





Meditation



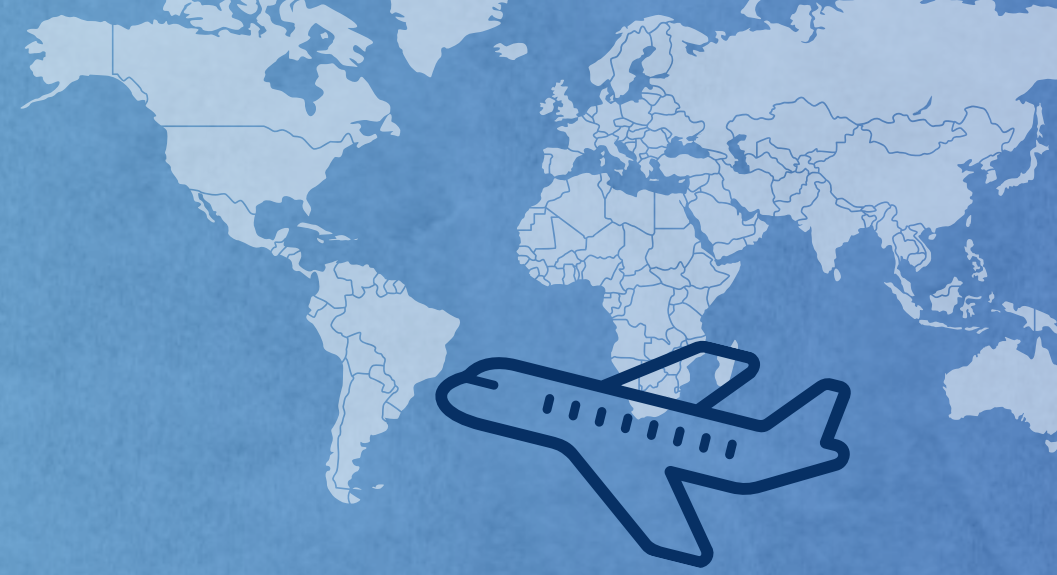
Meditation Practices with well trained Spiritual Trainers to heal your mind & body.



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Nutrition & Dietitian



Balanced Food Diet



Nutritious Food Guidance



**Guidance from
Professional Dietitians**





Emotional Well-being(Counselling)



You'll be encouraged to talk about your feelings and emotions with a trained therapist, who'll listen and support you without judging or criticising. The therapist can help you gain a better understanding of your feelings and thought processes, and find your own solutions to problems.



Holistic Healthcare Services



Holistic Approach to Well-being: Mind, Body, and Spirit



Modern Medicine
(Allopathy & Homeopathy)



Traditional Therapies
(Ayurveda & Naturopathy)



Wellness Practices (Yoga & Meditation)

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Holistic Healthcare Services

Holistic Approach to Well-being: Mind, Body, and Spirit



Personalized Guidance
(Nutrition & Dietitian)



Emotional Well-being
(Counselling)

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Meet Mona Parekh - Founder & Director

Meet Mona Parekh: Your Guide to Wellness

A seasoned healthcare professional with a passion for connecting individuals with the best medical and wellness resources. Mona's vision drives Horizon Health's commitment to personalized care and exceptional service.

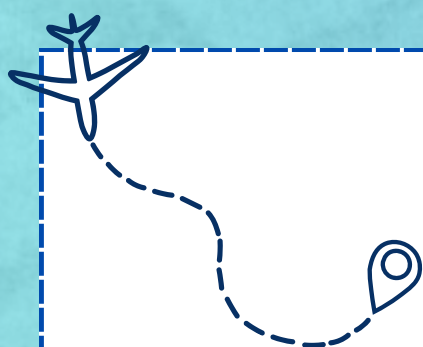


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Our Trusted Affiliations

Ensuring Quality and Global Reach



Our Affiliations:



- Horizon Health Medical Tourism is proud to be affiliated with these esteemed organizations. These partnerships reflect our commitment to upholding the highest standards of quality, ethics, and global best practices in the healthcare and wellness industry. They also enable us to provide our clients with access to a wider network of resources and support.

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Features and Highlights

Experience the Horizon Health Difference



Highlights:

- **Personalized Care:** Tailored treatment plans to meet your unique needs.
- **Seamless Experience:** From consultation to recovery, we handle the logistics.
- **Holistic Approach:** Integrating modern medicine with traditional therapies and wellness practices.
- **Expert Team:** Experienced medical professionals dedicated to your well-being.
- **Affordable Solutions:** Cost-effective healthcare options without compromising quality.



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Our Process- Simple & Efficient

Your Medical Journey, Simplified: Four Easy Steps

Call us

Discuss your needs
with our friendly team.

1

Teleconsultation

Connect with
specialists for
personalized advice.

2

**Doctor
Appointments**

Schedule appointments
at your convenience.

3

**Admission and
further procedures**

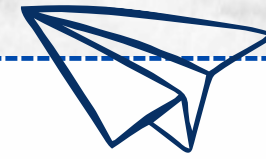
Experience seamless
care throughout your
treatment.

4



Contact Us: Next Steps

Ready to Begin Your Journey to Wellness?



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horizonhealth09@gmail.com



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Book Your Consultation Today! ➔